



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Home made Mac 'n' Cheese, Crispy Onions	Home made beef and vegetable Pastry Pie	Toad in the hole & Onion Gravy	Smokey BBQ chicken & vegetable burrito	Battered Sustainably Sourced Fish & Chips
MEAT FREE	Smokey Mexican Five Bean Tart	Butternut squash & Cauliflower curry and Rice (ve)	Mediterranean vegetable lasagne	All Day Breakfast Quorn Sausage Burrito (ve)	Cheese and tomato Pizza & Chips
GRAB & GO	Cheese and Tomato Pizza slices	Southern Fried Chicken	Wholegrain Pizza Panini	BBQ Chicken Rice Pot	Chicken Nugget Pots
	Broccoli, Sweetcorn, Baked Beans, Coleslaw Salad, Mixed Garden Salad	Mashed Potato, Rice, Mixed Vegetables Baked Beans, Mixed Garden Salad	Thyme Roasted Potatoes, Carrots & Cauliflower, Baked Beans, Mixed Garden Salad	Potato Wedges, Green Beans, Baked Beans, Mixed Garden Salad	Chips, Baked Beans, Mixed Garden Salad
HOT PUDS	Apple Crumble (ve)	Golden Syrup Sponge with custard	Home made Jam Sponge	Marble sponge cake with Custard	Chocolate Cookies

### AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.  
Fresh Fruit Salad, Hot & Cold Drinks



## WEEK TWO – AUTUMN WINTER

(Ve) vegan option



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Homemade Macaroni Cheese and Crispy Fried onions	Chinese Style Chicken Meatballs & Rice	Oven Baked Chicken Sausage & Rich onion Gravy	Caribbean Jerk Chicken with Rice and Peas	Battered Sustainably Sourced Fish & Chips
MEAT FREE	Homemade plant-based Cottage Pie	Buffalo Coated Roast Cauliflower Tortilla with Red Cabbage Slaw	Mexican Vegetable Tostada with Spicy Peppers	Mediterranean Vegetable Lasagne	Cheese and Tomato Pizza and Chips
GRAB & GO	Cheese and Tomato Pizza slices	Southern Fried Chicken	Wholegrain Pizza Panini	BBQ Chicken Rice Pot	Chicken Nugget Pots
	Peas, Roasted Cumin Carrots, Baked Beans, Mixed Garden Salad	Green Beans, Sweetcorn, Baked Beans, Mixed Garden Salad	Thyme Roasted Potatoes, Savoy Cabbage, Carrots, Baked Beans, Mixed Garden Salad	Sweetcorn, Green beans, Baked Beans, Mixed Garden Salad	Chipped Potatoes, Mushy Peas, Baked Beans, Mixed Garden Salad
HOT PUDS	Chocolate Shortbread	Banana Sponge and Custard	Lemmon Drizzle Cake	Marble Sponge with Custard	Iced Vanilla Sponge

### AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.  
Fresh Fruit Salad, Hot & Cold Drinks





Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Indian Spiced Butternut squash & Aubergine curry	Piri-Piri Chicken & Sweetcorn Meatballs & Rice	Roast of the day	Sticky Hoi Sin Chicken with Edamame Beans & Rice	Battered Sustainably Sourced Fish & Chips
Tex-Mex Vegetable Quesadilla	Homemade Indian onion bhaji Burger	Quorn and Root Vegetable Mince & Gravy with Yorkshire Pudding	Italian style Quorn bolognaise with Penne Pasta	Cheese and tomato pizza and Chips
Cheese and Tomato Pizza slices	Southern Fried Chicken	Wholegrain Pizza Panini	BBQ Chicken Rice Pot	Chicken Nugget Pots
Cajun Wedges, Mixed Vegetables, Baked Beans, Mixed Garden Salad	Baked Skin on Wedges, Carrot and Swede Green Beans, Baked Beans, Mixed Garden Salad	Thyme Roasted Potatoes, Carrots, Peas, Baked Beans, Mixed Garden Salad	Carrots, Cauliflower, Baked Beans, Mixed Garden Salad	Chips, Mushy Peas, Garden Peas Baked Beans, Mixed Garden Salad
Home-made Oaty Flapjack	Vanilla Sponge & Custard	Home Made Lemon Drizzle Cake	Chocolate Sponge with Chocolate Sauce	Chocolate Cookie

### AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.  
Fresh Fruit Salad, Hot & Cold Drinks